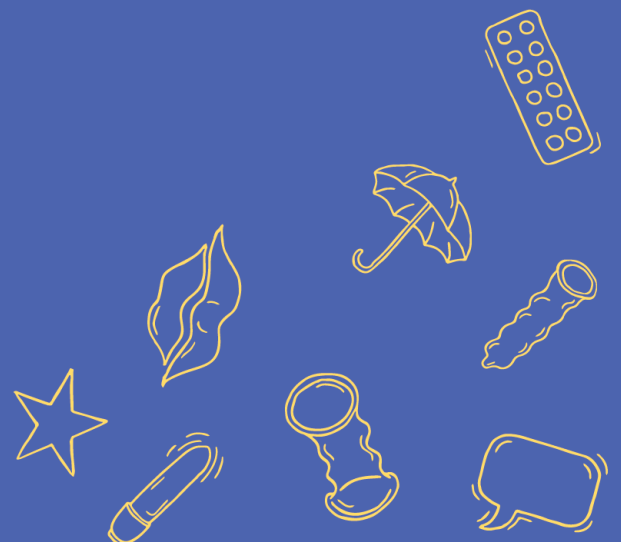




YSAFE Annual Report



2022



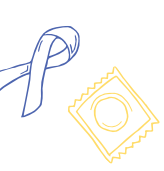
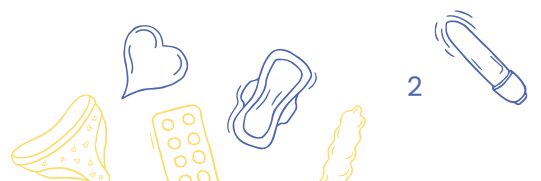
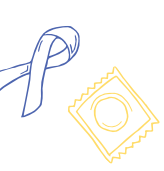


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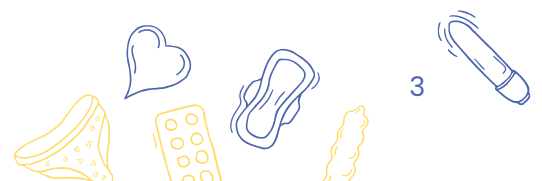


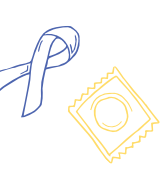
Annual Meeting

The YSAFE Annual Meeting 2022 was the first YSAFE in-person meeting since the pandemic that brought together delegates from Europe and Central Asia to discuss, exchange ideas, and collaboratively shape our strategy.

The meeting began with each delegate presenting their youth group and the organizations they represent, all working on SRHR. This provided a valuable opportunity to learn about different contexts and strengthen connections between youth groups. Discussions continued with an overview of global and regional trends in SRHR and major developments within IPPF, led by Regional Director Caroline Hickson. This was followed by presentations on YSAFE's purpose, past and current projects, and future priorities introduced by the YSAFE Steering Committee.

A key activity was gathering inputs for the YSAFE 2023–2028 strategy. Delegates participated in an interactive workshop that included small group discussions and brainstorming sessions to identify the most important priorities for the network's future. Participants exchanged perspectives on key challenges, opportunities, and the direction YSAFE should take in the coming years.





Podcast

Sex Positivitea with YSAFE: Season 2

At the end of 2022, the second season of Sex Positivitea with YSAFE podcast was released. This season features a broad range of topics from cisnormativity to masturbation and sex work, with an overarching theme of Gender. All 6 episodes were produced by the Podcast team including YSAFE members working together from a variety of countries in the European and Central Asian region.

At the beginning of 2022, all interested YSAFE members were invited to sign up to be a part of the Podcast team. After the team was formed, several online meetings were set up in April and May to discuss the aim, structure, format and technical aspects of the second podcast season as well as to brainstorm about possible topics of episodes. It was decided that episodes would be hosted by YSAFERS in which they interview an expert on the topic of the particular episode. Additionally, as YSAFERS come from many different regions of Europe and Central Asia, it was decided that the interviews and recordings would be online via Zoom. Besides focusing on a gendered lens, the aim of the season

Besides focusing on a gendered lens, the aim of the season was to highlight the role of youth in overcoming the issues described in the episodes

“ [...] gender norms severely limit [men’s] emotional expression and even emotionally cripples them. ”
S2E1: Cisnormativity

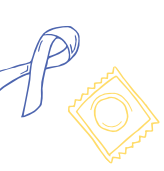
was to highlight the role of youth in overcoming the issues portrayed in the episodes. A long list of potential episode topics was created and team

members divided themselves into pairs of a host and a co-host based on their topic preferences. Additional Podcast team members were recruited during the Annual Meeting at the beginning of July.

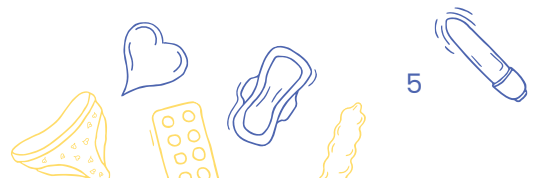
During August the podcast groups started developing templates and scripts for their episodes, including interview questions for the interviewee. After these templates and scripts were reviewed by the SC and given feedback, the pairs started reaching out to their potential interviewees.

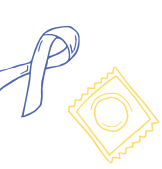
In total, 6 episodes were produced on the following topics: SRHR in rural areas during Covid-19, gender roles in family and relationships, gender roles in STEM, a gendered-lensed guide to STIs, masturbation, right-wing populism and anti-gender movement in Poland, different concepts of virginity, cisnormativity, sex work and sexual difficulties. Additionally, a “conclusion” episode was recorded by the SC members as a summary and discussion of





the topics across the second podcast season. Overall, the podcast project was successful not only in producing a full season of podcast episodes covering a variety of topics in relation to gender but also in strengthening the YSAFE network as members collaborated from various different countries to produce the episodes. As a result, knowledge was created through the planning of episodes, skills were trained on the technical aspects of recording as well as developing and leading formal and semi-formal interviews, and relationships between YSAFE members were strengthened.





YSAFE's participation in International Events



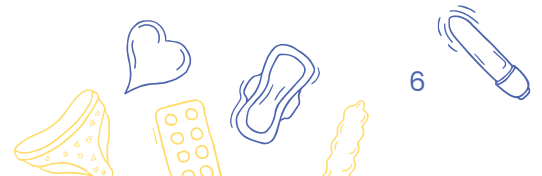
IPPF's 70th General Assembly

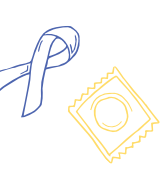
The 70th IPPF General Assembly took place in Bogotá. The YSAFE Steering Committee is pleased to reflect on the impactful experiences and positive outcomes of the 70th IPPF GA held in Bogotá. As meaningful youth engagement was highlighted as a priority in YSAFE Annual Meeting in June 2022, YSAFE members participating in the GA continued holding to these commitments.

The GA commenced with a dedicated Youth Forum, where youth delegates engaged in discussions on meaningful youth participation, youth-led accountability, and impostor syndrome. Youth participants developed several recommendations for the GA in relation to the "Come Together" strategy for 2028. Youth recommendations included more commitments to:

- Implement a meaningful youth strategy including concrete goals to evaluate improvement and the inclusion of marginalized groups in particular.
- Ensure the direct involvement of youth in the IPPF rebranding process including components like digital communication and CSE strategies, such as CSE.
- Prioritise core funding for the six regional youth networks and programs in which youth members are in charge of proposing, designing and executing the projects.
- Co-create and engage in learning programs for youth capacity building within the existing governance structures and strategies.
- Co-create and engage in a permanent regional and global platform where youth members can connect and share with one another, both at MA level as well as regional level.
- Ensure that MAs in each country become safer spaces for all youth, where their participation is embraced and encouraged.
- Work towards meaningful youth engagement by creating a mentorship program at the global, regional and national level in order to enable intergenerational growth and sustainable, inclusive development of the federation as a whole.

Following the Youth Forum, YSAFE members continued advocating for these recommendations throughout the GA discussions. Their engagement resulted in a significant outcome—the Board of Trustees affirmed its commitment to a youth-centred implementation of the newly approved "Come Together" Strategy 2028, incorporating most of the youth recommendations.



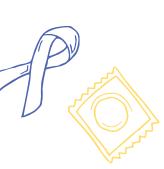


Annual Report 2022 - YSAFE



Beyond strategic discussions, YSAFE used the GA to increase its visibility, recruit new members, and establish connections with youth initiatives and networks from other global regions.





YSAFE small projects grants



The YSAFE Small Project 2022 was launched as a response to feedback from the 2021 Regional Youth Forum, where delegates expressed the need for more financial support and opportunities to implement small-scale international activities. This initiative aimed to strengthen national youth networks within MAs by providing **funding for up to three youth-led projects focused on SRHR. Eligible youth groups could apply individually or in partnerships**, with a total funding pool of €22,500 allocated to support innovative ideas that addressed key SRHR challenges, such as improving access to comprehensive sexuality education, supporting marginalized communities, and fostering youth engagement. The selected projects were implemented between September and December 2022, with the goal of creating meaningful impact while aligning with the long-term strategies of the participating MAs.

The selected projects were implemented in Macedonia, Kyrgyzstan, Tajikistan and Albania. Below you will find a small overview of each project.

Albanian Centre for Population and Development (ACPD)

Two key activities were carried out in Tirana to promote comprehensive sexual education and social awareness. On February 21-22, two-day trainings were held at the "Stay Together" Kombinat Community Center, where 21 education professionals from community centers and municipal units were trained by ACPD on topics such as sexuality, family planning, contraception, STI prevention, and sexual violence awareness, with a focus on Roma, Egyptians, and LGBTIQ+ youth. Participants received certificates and rated the training as essential for their work. On March 22, a social experiment took place at the "Reja" installation, using a mannequin covered with messages on sensitive topics to assess young people's perceptions of inclusivity and gender expression. Using the "sticky notes" technique, participants reflected on their biases, with the experiment successfully reinforcing the importance of respect, non-judgment, and the rejection of gender-based violence

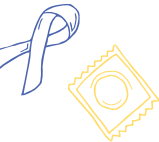
Hera – North Macedonia

HERA youth volunteers in collaboration with group of drag queens created a communications campaign for promotion of CSE topics on social media. The team established a TikTok account to distribute CSE facts, build a space for queer culture promotion and promote access to SRHR services, particularly HERA's youth centres.

Reproductive Health Alliance of Kyrgyzstan (RHAK)

In November 2020 the TARTYNBA FEST on sexual education in digital platforms was held in Bishkek, bringing together 393 offline and 118 online participants from Central Asia and



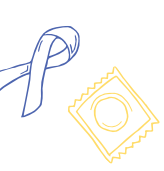


beyond. The festival served as a regional platform for young people to exchange innovative digital solutions for sexuality education through 10 panel discussions, 12 interactive sessions, and workshops led by 65 speakers, including activists, content creators, and experts. Following the festival, young volunteers developed two annual media plans and participated in a three-day training on digital content creation, resulting in over 10 media products such as podcasts, TikTok videos, comics, and online courses. Supported by UNFPA, UNESCO, UNAIDS, and other partners, the event reached over 48,000 people on social media, strengthening efforts to promote comprehensive sexuality education across the region.

Tajik Family Planning Association

From November to December 2022, a series of activities were carried out in Tajikistan to raise awareness of GBV and SRHR through art and digital media. Four art therapy workshops were held for 100 high school students from remote regions, allowing them to express social issues through drawings, with each participant receiving a drawing kit for continued practice. These artworks were later showcased in an exhibition attended by community organizations and stakeholders, with selected pieces recommended for display in Victim Support Rooms across the country. Additionally, three types of comics on early marriage, gender inequality, and SRHR were developed in Tajik and English, with 900 printed copies distributed and further dissemination through TFPA's social media platforms, reaching over 2,000 people. These initiatives, supported by the Committee on Women and Family Affairs, successfully engaged youth and communities in critical conversations using creative and culturally relevant approaches.





Sharing Innovations

Developing a new guidance on Online Sexuality Education

The Sharing Innovations project was developed to support comprehensive sexuality education (CSE) organizations in adapting their educational approaches to digital spaces, particularly in response to crisis situations. Initiated in the wake of the COVID-19 pandemic, the project provides a strategic framework for ensuring the continuity of CSE through digital platforms, addressing challenges such as safety, accessibility, training, and evaluation. The toolkit was created through collaboration between young people and staff from multiple organizations, including APF (Portugal), CFPA (Cyprus), End FGM EU, ESHA (Estonia), HERA (North Macedonia), Papardes Zieds (Latvia), SEDRA-FPFE (Spain), and SRHS (Serbia), under the coordination of the IPPF European Network and YSAFE (Youth Sexual Awareness for Europe). Funded by the European Commission, the toolkit offers guidance on how to teach sexuality education online, ensure participant safety, handle opposition, and evaluate programme effectiveness

