



SAMPLE WORKSHEET

'WOULD YOU STEP IN'

Activity 3

Scenario 1

In your Instagram feed, you notice a post underneath the picture of one of the girls in your school. One person wrote underneath 'Well if you dress like that bitch, of course you were asking for it! Look at all the other pictures of you- always around boys, all sexy and shit. You are a total slut. How dare you accuse J... that he sexually abused you? Have some respect!'

- What are the reasons to intervene in this situation?

- What are the reasons not to intervene in this situation?
- How do you think you could intervene in this situation? What do you think you could do? What could you say?
- How do you think the person exercising the violence would respond to your intervention?
- How would the person experiencing the violence respond to your intervention?

Sample questions for the quiz

As you are entering a café you hear some commotion. A group of your classmates is harassing another person from your school. 'Hey tranny!!! What is your real name, hah? What are you REALLY? A man or a woman? Bet you had surgery, too ha? How lame! You are just so lame'. None of the other witnesses to the incident seem to intend to do anything about it. Would *you* intervene in some way?

Don't know. I am not sure

Yes, maybe

Yes, for sure

Probably not

I definitely wouldn't

What would be the reasons to intervene in this case?

Write your response...

- To give the message that abuse is not okay and should never be tolerated
 - To break the cycle of abuse/discriminatory behavior
 - To support/protect/empower the girl
 - To stop the abuser from abusing others in the future

For what reasons would someone NOT intervene?

Write your response...

- Fear that the person may abuse them too
 - Not knowing what to do or how to react
- Thinking that this does not concern them and bypassing it
 - Agreeing with the person who wrote the comments

How could you react as a bystander?

Write your response...

- Question the person exercising abuse and ask for clarifications (Hey what's happening here?
This is not okay)
 - Expressing your own opinion and disapproval, using I statements (instead of accusations)
 - Say what you feel with an emoji or non verbally
- Seek others who are like you and you all write disapproving comments together (uniting your
voices against the abuse)
 - Express your support to the girl
- If the comments get out of hand you can always press the 'report abuse button'