

WORKSHEET

VOICE (IT)! – LIST OF CASES TO RESPOND TO Activity 1

1. Your partner started monitoring your Instagram and other social media activity and express their disapproval about things you do online (posts, comments, tags, likes etc.)

2. Your partner is very jealous. They constantly call you, text you, demand to know where you are, they have an opinion about what you wear and who you can be with. You feel suffocated and want them to stop.

3. Your partner would like both of you to engage in sexting to spice things up in the relationship. Respond by stating what you need in order to make you both feel safe during sexting.

4. Your partner expresses their constant disapproval about the amount of time you spend with your friends. In their opinion, you should be spending all your time together.

5. Your partner demanded that they have the passwords to your social media account. They offered to give you theirs, so it is fair.

6. When you're in front of others your partner, makes degrading 'jokes' about you and the way you look.

7. A person you met a few weeks ago asks you to take off your shirt on webcam to show how fit/beautiful you are

8. Your partner has been pressuring you to have sex but you don't want to. Not yet, anyway. At a friend's party when you declined again, they got really angry at you and said that they're running out of patience with you.

9. Your partner threatens to use a nude he has of you if you don't do a sexual favour for them.