



WORKSHEET

WALKING DOWN THE PATH

Activity 6

Birth

1. Where there any challenges to overcome when you were little with regards to how you expressed your gender?

Family

2. What messages did your family give you about your gender?
3. How did your family react when you expressed your gender as a child?
4. Did you have to come out to your family?
5. Is your family accepting/supportive of your gender and sexual identity?

School

6. Did you learn anything about people of your gender/sexual orientation at school? Was that positive or negative? Or did you feel completely un-represented in what you learnt at school?
7. What assumptions did other peers make about you? How did other peers behave towards you?
8. How did teachers behave towards you?
9. Did you feel included when you were in school?

Relationships

10. Can you openly talk to others about the person you love/are attracted to/are in a relationship with?
11. Can you easily express affection in public to the person you're in love with or are in a relationship with?
12. Are you experiencing any pressure from your partner? (for instance to come out etc.)

Jobs

13. How easy is it for you to get a job? Can you easily get the job you want to? Are some jobs harder to get because of your gender/sexual orientation?
14. What obstacles/difficulties in relation to your gender/sexual orientation may you experience with regards to employment?
15. How do you think other colleagues will behave towards you? Is it possible that you may experience negative attitudes, harassment or discrimination?

Public spaces

16. Do you feel confident to seek healthcare without experiencing any negative attitudes or discrimination?
17. Do you feel comfortable to walk in public spaces without being rudely stared at or harassed?
18. Are you comfortable to use public restrooms?
19. Can you get in trouble with the authorities because of your gender identity or sexual orientation?

Social acceptance

20. What assumptions do other people make about you based on your appearance, gender expression and expression of sexual orientation? Are those assumptions correct?
21. Is it easy for you to make friends?
22. Is it easy for you to socialize?
23. Do you feel welcome or included in your religious/spiritual community?

