



WORKSHEET

FOR DISCUSSION IN SMALL GROUPS

Activity 1

Biological sex and sex characteristics.

- What determines our biological sex?
- Are there different degrees of 'male-ness' and 'female-ness' someone might identify with? How is that so?
- Do sex characteristics define our gender, i.e. the degree of 'femininity' and 'masculinity' one person identifies with?

Gender identity.

- The binary model splits genders into female and male. Is 'female-ness' always expressed in terms of being sensitive, kind, nurturing and taking care of one's appearance? Is 'man-ness' always expressed along the lines of being tough, muscular, leaders, adventurous?
- Do you think there are different degrees of 'man-ness' and 'woman-ness' with which someone might identify?
- Who defines our gender identity? Is it society or is it ourselves?

Gender expression.

- Do you think people express the same degree of femininity and masculinity? For instance, do all people who identify as women express the same degree of femininity? Do all people who identify as men express the same degree of masculinity? Can you think of a few examples? Can women express a certain degree of masculinity? And men a certain degree of femininity? Can people who don't identify as men or women express femininity and/or masculinity?
- Are there people who do not express masculinity or femininity? Can they express something different?
- Masculinity and femininity are social constructs. What do you think that means?
- Since masculinity and femininity are social constructs, do you think it is possible that we can change our perceptions with regards to what these concepts mean?

Sexual Orientation

- What determines our emotional and/or sexual attraction to others?
- Who defines our emotional/sexual attraction?
- Who defines our sexual orientation?
- Are there people who express their emotional/sexual attraction differently from the 'norm'?
- Emotional/Sexual attraction lies is a spectrum. What do you think that means?